



2017 HONORABLE MENTION

**ADI
COMPASSO D'ORO
INTERNATIONAL
AWARD**



Quick-Motion



Quick-Motion

Control, stability, and freedom in a single roller.



Ride in freedom

Quick-Motion is a **classic roller** that delivers a **smooth, free pedal stroke** with a **high degree of stability**.

The **floating frame** absorbs fore–aft movements, helping you maintain balance even in more dynamic phases. The **parabolic rollers** guide the wheel toward the center, improving line control without external supports. It suits both technical drills and high-intensity sessions.

The **foldable design** lets you close it in a few steps.

A **1-year subscription to My E-Training**, Elite's app, is included so you can start training right away.

Quick-Motion is a classic roller for riders who want **freedom and precision**. The bike remains free, as on the road, while the **floating frame** absorbs movement and returns a more stable, natural pedal stroke. The **parabolic drums** discreetly guide the wheel, and the **foldable structure** keeps everything practical off the bike too—simple, well-built, and suited to both technique and strength work.



Floating frame: it follows your pedal stroke

The **floating system** lets the frame slide slightly fore and aft, following the inertia generated while pedaling. This makes the experience smoother—especially during pace changes, out-of-the-saddle efforts, or low-cadence work—a real advantage even for newcomers to rollers.



Parabolic rollers: controlled trajectory

The drums have a **parabolic profile** that guides the wheel toward the center, helping you hold your line as speed rises. The bike stays free—but guided.

Three levels for three types of work

Quick-Motion offers **three magnetic resistance levels**: level one for technique, level two for steady endurance, level three to add load for strength and low-cadence efforts—ideal for structured workouts at any level.

Gold Award a Eurobike

Quick-Motion won the **Eurobike 2016 Gold Award**, one of the industry's most prestigious international honors, recognizing the **floating system's** quality, **ease of use**, and **solid, functional design**.

Compact when needed

The frame folds in **three sections**, halving its footprint. An integrated handle makes it easy to move and store—perfect for home training with limited space or taking your roller on the road.





Always in sync with your ride

Can also transmit training data

Quick-Motion combines **freedom of movement, control, and stability**. The floating frame reduces inertial forces during pace changes, accompanying the bike's motion as you pedal. The **parabolic rollers** guide the wheel toward the center, helping you work on technique, balance, and precision.

With the optional **Misuro B+** sensor, **Quick-Motion** can transmit data via ANT+™ and Bluetooth Smart® to **My E-Training**, Elite's app designed to structure and manage indoor cycling workouts.

The sensor detects **speed** and **cadence**, transmitting the data wirelessly via **ANT+™** and **Bluetooth Smart®** protocols. Using the **My E-Training** app also allows you to access power data during your workout, with no additional sensors required beyond the **Misuro B+** sensor.

By using **external power sensors**, the rollers can also be used with all other available training apps, such as **Zwift, MyWhoosh, Rouvy, Kinomap** and more, while keeping manual control of the resistance levels.





Features

Type of home trainer	Magnetic roller (non-interactive) with manual selector of the resistance level.
Max power	185 Watt (20km/h) - 425 Watt (40km/h)
Control via	Manual adjuster on the central drum
Compatible with	Misuro B+ (speed and cadence) My E-Training (estimated power)
Also compatible (with external power sensors)	Zwift, MyWhoosh, Rouvy, Kinomap and others
Bike compatibility	Road, Gravel, Mountain, and City bikes. The front roller adjusts across 11 positions to fit frames with a wheelbase between 944 mm and 1144 mm.
Connection indicator	No
Firmware update available	No
Includes	Free 1-month subscription to the MY E-Training software and app

Specifications

Power supply data	No power grid connector
Open size (L x W x H)	520 x 1400 x 160 mm / 24,80" x 55,11" x 8,03"
Closed (L x W x H)	520 x 450 x 300 mm / 24,80" x 18,50" x 11,97"
Weight	11,5 kg / 25,35 lbs
Max Load	110 kg / 242,50 lbs

